... BUT what if I'm sick?!

... BUT what if we're traveling?!

- ·Listen to your CD
- •Make 20 bow holds on a marker or pencil
- ·Clap and sing your pieces
- •"Air" bow with your bow or a pencil
- Make up your own words to a song
- •Echo clap with Mom or Dad---use dynamics!
- Practice resting feet and playing feet
- Sing and clap your reading assignment
- Sing the music alphabet
- ·Say the music alphabet forwards and backwards
- Use manuscript paper and copy a song
- •Hold a stuffed animal in place of your violin while a parent reads you a story
- •Play your violin laying in bed!
- •Draw 20 quarter notes (or half notes etc.)
- Listen to a symphony or a concerto
- Attend a performance
- •Watch a classical music video (available at your library)
- •Do 20 finger taps making a circle with fingertip and thumb---especially 4th finger!
- Interview a musician or performer on your cruise
- Read a book about a composer
- Visit a musical website
- Make up a dance that shows the musical structure of a song
- •Close your eyes for 2 minutes and listen. Write down what you hear
- •Pretend your parent's arm is the neck of your violin. Review the left hand of your piece.
- •Shake hands to the rhythm of a piece. Be sure to move from the elbow!
- Make a collage of music-related pictures in magazines and catalogs
- Attend a concert
- •Write a report about a musician or composer
- Collect names of 20 famous violinists
- Camping? Sing songs around the campfire!
- •Make a list of where you hear music for a whole day (supermarket, radio etc.)
- •Interview relatives. Find out if they play an instrument. Do they have a favorite piece? How has music changed in their lifetime? Are there any songs that remind them of specific times or historical events?